Lead Trainers

Laurie Searle is a 500Hr-ERYT registered through Yoga Alliance as well as a licensed massage therapist. She has been teaching for over 15 years and has had the opportunity to study with Sri Dharma Mittra, Shri K. Pattabhi Jois, Srivatsa Ramaswami, in addition to many other amazing teachers. She currently leads 200RYT and 500RYT programs throughout the US and the Caribbean. Her passion is to make yoga and fitness accessible for all.

Julie Eubanks is a 200Hr-ERYT Certified Baptiste Yoga Instructor and owner of Be Yoga. She is passionate about sharing her love of power yoga as a means to transform and empower others in their lives both on and off the mat. She has over 80 hours of continuing education in Hands on Assisting from the Baptiste Institute.

Michele Stewart is a 200 ERYT qualified instructor. She received her 200 Hr training from Be Yoga in 2014 and engages in ongoing Yin Yoga Training with Paul Grilley. Michele is passionate about sharing her love of yoga and especially the stillness and mental clarity she has discovered through her practice.

beyoga

"Yoga is the journey of the self, through the self, to the self."

The Bhagavad Gita

Yoga Teacher Training Program

Program Begins August 2019

Now Accepting Applications!

About our Program

Be Yoga is a diverse community offering classes influenced by a wide variety of master teachers. Our teacher training program is a reflection of this diversity. The unique structure of our program provides you the opportunity to live your yoga by immersing yourself for a week of training focusing on both your personal practice and yoga teaching and methodology. The ensuing 5 weekend modules build upon this immersion as expert teachers, who have studied under many of the world's leading yoga masters, delve deeper into specific areas of study. This holistic approach allows you to learn from multiple teachers who are passionate about their subject matter and who are not bound to any one style or school of yoga.

"Yoga is 99% practice and 1% theory"
- Pattabhi Jois

Program Highlights

- Full Week Immersion in St. Simon's, GA *(room and board included)*
- 5 Weekend Training Sessions led by teachers with specific expertise in each area of study.
- Mentorship program with Be Yoga Staff
- 4 Months of Unlimited Yoga Membership
- 20% Off Retail and other special events including workshops

Program Schedule

Week 1 Immersion:
Co-led by Laurie Searle and Julie Eubanks
August 17th - 24th, 2019
Beach House Retreat in St. Simon's, GA.

Immerse yourself in the practice. Introduction to all 8 limbs of yoga with a special focus on asana, sequencing, meditation, practice teaching and personal inquiry.
Check in by 4pm on August 17th and final session ends at 11am on the 24th. All trainees are responsible for their own travel to and from the retreat house. Room & Board included.

Weekend Training Modules:
Weekend Schedule: Friday evening and all day Saturday and Sunday.

Yoga Anatomy & Physiology:
September 13th - 15th
Led by Laurie Searle

Yoga and the Subtle Body:
September 27th - 29th
Led by Laurie Searle

Yin Yoga Training:
October 11th - 13th
Led by Michele Stewart

Hands on Assistant Training:
October 25th - 27th
Led by Julie Eubanks
(Open to Public)

Graduation Weekend & Review:
November 22nd - 24th

Pricing Information

- **$3250 Program Tuition** if paid in full by June 1st, 2019 *(includes 1 week immersion, 5 weekend modules and 4 month unlimited studio membership)*
- **$3550 Program Tuition**, if paid after June 1st, 2019
- **$500 deposit** due 30 days after acceptance into program *(applied towards full program tuition)*
- Full Tuition Due by August 1st, 2019
- Due to the intimate nature of our Week 1 Immersion, this training is limited to the first **12 enrollees.**
- Start taking advantage of **20% off memberships and workshops from the date the deposit is paid**
- Weekend modules to be led by a combination of Lead Trainers & Mentors

www.beyogaatlanta.com